



National Alliance on Mental Illness

NAMI Mt San Jacinto

Crisis and Important phone numbers

Helpline, Crisis Intervention and Suicide Prevention 951-686-HELP/4357

National Suicide Crisis Line also Veterans Crisis Line 1-800-273-8255 TTY 1-800-799-4889

National Help Line - 211 - This number links you with a referral service for Riverside County (or across the nation) for services such as housing, food, rental assistance, legal assistance, etc.

Other Important Numbers

Adult Protective Services - 1-800-491-7123
After Hours..... - 1-800-331-6742

Child Protective Services - 1-800-442-4918
Crisis Text Line: Text to 741 741 when in crisis 24/7

Mental Health Access Line- CARES Line SU Cares Line 1-800-499-3008- Authorize mental health and drug treatment for Medi-Cal recipients seeking inpatient or outpatient care. Beneficiaries may call for referrals to the appropriate services. Licensed clinicians determine eligibility, provide crisis intervention, as well as linkage to outpatient, inpatient, and community resources. 24-Hour Detox Referral. Counselor available to refer to residential facilities and treatment.

Riverside County Dept. of Mental Health: Main Office Administration (951) 358-4501

Emergency Treatment Services (ETS) and Inpatient Treatment Facility (ITF) Riverside University Health System Arlington Campus

9990 County Farm Road, Riverside 951-358-4700 This number is for both facilities

Detention Services: Please advise their department if someone is incarcerated and needs psychiatric services and meds. Cois M. Bird Southwest Detention Mental Health Services Supervisor number: (951) 696-3117 or Staff: 696-3112

Mid-County Region: County Mental Health Clinics

Hemet Clinic..... (951) 791-3300

Mt. San Jacinto Children's... ..(951) 487-2674

Temecula Clinic..... (951) 600-6355

Perris Clinic..... (951) 443-2200

Public Guardian's Office (951) 341-6440

Mature Adults San Jacinto (951) 791-3596

Patient Rights Advocate - Services represent a client's interests as defined by the client, as long as those interests are within the bounds of the law and achievable with the resources of the advocate. (951) 358-4600 (Collect calls accepted) or 1-800-350-0519

Family Advocate

Provides information to family members in their interactions with Riverside County Behavioral Health (800) 330-4522

Parent Support and Training

Work with professional staff to assist in the treatment for children entering the mental health system. (951) 358-5862
IEHP (Inland Empire Health Plan) Dual Choice 800-741-IEHP (4347) Molina Health Plan (888) 858-2150

Housing Resources: Home Connect Riverside County 800-498-8847 RI Riverside Crisis Stabilization Unit : 951-509-2499

"New Resource" Take My Hand Peer Chat: Resources and Live Peer Chat <https://takemyhand.co>

Telecare Mental Health Urgent Care Mid County Region- 85 Ramona Expwy Perris 951-349-4195

NATIONAL Alliance on Mental Illness (NAMI) Affiliates in Riverside County www.nami.org

NAMI Mt San Jacinto Spanish line: 951-692-8954 NAMI Walks Information: 951-765-1850

NAMI California (916) 567-0163 www.namicalifornia.org

NAMI Mt. San Jacinto (951) 951-765-1850 namihemet@gmail.com www.namimtsanjacinto.org

NAMI Temecula Valley (951) 672-2089 www.namitv.org

NAMI Riverside (951) 369-2721 nami@namiwesternriverside.org

NAMI Coachella 442-275-7385 namicoachellavalley@gmail.com

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Other website resources: <https://up2riverside.org> <https://connectie.org> <https://www.thetrevorproject.org>
<https://afsp.org> <https://www.psychiatry.org> <https://www.jedfoundation.org> <https://www.nimh.nih.gov>
<https://smiadviser.org> <https://www.samhsa.gov> <https://www.treatmentadvocacycenter.org> <https://takemyhand.co>
<https://www.nami.org/Videos/NAMI-Basics-OnDemand> <https://www.pacesconnection.com/g/riverside-resilience>