



Soboba Tribal Family Services



July Newsletter

Soboba Tribal Family Services Staff:

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Office Hours:

Mon-Thurs 7:00am to 5:30 pm

(951) 487-0283



Join us at the Soboba Casino's



FOURTH OF JULY CELEBRATION

Gates open at 4pm – Arena at 6pm

KC & The Sunshine Band

8:00pm

Fireworks immediately following
Food & Beverage / Children's Activities

For more information,
call (866) 4-SOBOBA



"A nation is not defeated until the hearts of its women are on the ground. Then it is done, no matter how brave its warriors or how strong its weapons."

-- Cheyenne proverb

Alternatives to Domestic Violence 24-hour Hotline

Riverside City and out of County: (951) 683-0829

Remainder of Riverside County: (800) 799-SAFE (7233)

(800) 787-3224 – TDD Line

If you are in immediate danger call 9-1-1

**24 – Hour Child Abuse Hotline for Riverside County
(800) 442-4918 or (800) 442-4453**

July 4th Fireworks Safety

Using consumer fireworks on our nation's birthday is as American as apple pie, backyard barbecues and parades on Main Street. And they are equally safe if a few common sense rules are followed, says Nancy Blogin, President of the National Council on Fireworks Safety. Nancy notes that thanks to testing of consumer fireworks in China, through the American Fireworks Standards Laboratory and other testing programs, and rigorous enforcement of federal fireworks regulations by the CPSC, consumer fireworks today are safer than ever before. But Nancy notes that fireworks related accidents do occur each year, however, most could be eliminated if some basic safety steps are taken.

The National Council on Fireworks Safety offers these common sense safety tips for using consumer fireworks in the hopes that injuries to consumers can be greatly reduced this season:

- Parents and caretakers should always closely supervise teens if they are using fireworks.
- Parents should not allow young children to handle or use fireworks.
- Fireworks should only be used outdoors.
- Always have water ready if you are shooting fireworks.
- Read the caution label before igniting.
- Obey local laws. If fireworks are not legal where you live, do not use them.
- Alcohol and fireworks do not mix.
- Wear safety glasses whenever using fireworks.
- Never relight a "dud" firework. Wait 20 minutes and then soak it in a bucket of water.
- Soak spent fireworks with water before placing them in an outdoor garbage can.
- Avoid using homemade fireworks or illegal explosives: They can kill you!

And note these special safety tips, if using sparklers:

- Always remain standing while using sparklers.
- Never hold a child in your arms while using sparklers.
- Never hold, or light, more than one sparkler at a time.
- Never throw sparklers.
- Sparkler wire and stick remain hot long after the flame has gone out. Be sure to drop spent sparklers in a bucket of water.
- Teach children not to wave sparklers, or run, while holding sparklers.

The National Council on Fireworks Safety urges Americans to follow these common sense safety rules this Fourth of July in their holiday celebrations.

The National Council on Fireworks Safety is a 501(c)(3) charitable organization whose sole mission is to educate the public on the safe and responsible use of consumer fireworks. For a full list of consumer fireworks safety tips and a safety video, please visit www.FireworksSafety.org.

Excerpted from www.FireworksSafety.org.



TEEN CORNER

HOW DO YOU STAY TEEN?

Did you know that more than 2,000 teen girls in the United States get pregnant every day? In fact, 3 in 10 girls will become pregnant at least once by age 20. And even though nearly all teens say they don't want to get pregnant, most of them have never really thought about how getting pregnant or getting someone else pregnant would affect their lives.

That's where Stay Teen comes in. The goal of StayTeen.org is to encourage you to enjoy your teen years and avoid the responsibilities that come with too-early pregnancy and parenting. The more you know about issues like sex, [relationships](#), [waiting](#), and [contraception](#), the better prepared you will be to make informed choices for your future. They're not telling you how to live your life...they just want to give you some food for thought and the latest facts. It's up to you to make your own smart decisions.

You may be wondering who's behind this website and why they do what they do. Well, the website and the Stay Teen ads you see on TV are created by [The National Campaign to Prevent Teen and Unplanned Pregnancy](#). You can learn more about The National Campaign and what they do on their boring corporate website (www.thenationalcampaign.org), but—just to be clear—they aren't the abstinence people and they aren't the people handing out condoms on street corners to every teenager they meet. They are the science and research people. They strive to be factual, unbiased, and open to a variety of viewpoints on these very sensitive issues. They also have a deep admiration for the teen moms and dads who work hard to ensure that their children can grow up to be happy, healthy teens themselves.

We hope that you like what you see and that you find the information on their website helpful. Visit www.stayteen.org for more information.

Want to write for StayTeen.org? We are always looking for young people ages 13-19 to contribute articles, essays, videos, and more to the site. [Send an email to admin@stayteen.org](mailto:admin@stayteen.org).

Excerpted from StayTeen.org

Alcohol & Fireworks Don't Mix

July 4th is a wonderful holiday to celebrate and fireworks are a great way of celebrating. However, all too often, July 4th festivities can lead to too much drinking. Just like driving and drinking do not mix, shooting consumer fireworks and drinking any quantity of alcohol *absolutely* do not mix.

If you are at a party where consumer fireworks are being shot, make sure that there is a designated shooter who has not been drinking *any* alcohol. Even a small quantity of alcohol (one beer, a glass of wine) can impair one's judgment and ability to properly set up and use consumer fireworks safely.

Nancy Blogin, President of the National Council on Fireworks Safety, notes that "...[e]ach year, consumers are injured because their judgment has been impaired by beer, wine or other alcoholic drink. The lesson is simple: alcohol and fireworks don't mix".

In addition, the National Council reminds shooters of consumer fireworks of these other important safety tips:

- Only use fireworks outdoors.
- Obey all local laws regarding the use of fireworks.
- Never give fireworks to young children.
- Wear safety glasses when shooting fireworks.
- Always have a bucket of water, or water hose, nearby.

And remember, **ALCOHOL AND FIREWORKS DON'T MIX!**

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Excerpted from www.FireworksSafety.org

