

Soboba Tribal Family Services JUNE NEWSLETTER

Happy Father's Day

Soboba Tribal Family Services Staff:

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Office Hours:

Mon-Fri 8:00am to 4:30pm (951) 487-0283



National Family Month, celebrated annually from Mother's Day to Father's Day, is a celebration of family that encourages family relationships and focuses on developing healthy, confident kids.

National Family Month was created by KidsPeace (www.kidspeace.org) and instituted by Congress in 1998, to raise awareness and underscore the importance of family – kids, mothers, fathers, relatives and caregivers - and to encourage supporting one another. Child-development experts have described "family" as "someone who has a strong emotional attachment to another." National Family Month provides an opportunity for families to share special time together, to develop or renew relationships, identify or rediscover needs and to remind everyone of the importance of family involvement in raising healthy, confident kids for our future.

Alternatives to Domestic Violence 24-hour Hotline Riverside City and out of County: (951) 683-0829 Remainder of Riverside County: (800) 799-SAFE (7233) (800) 787-3224 - TDD Line

Hemet Office: (951) 929-3079

If you are in immediate danger call 9-1-1



June 25-27, 2013

20TH ANNUAL CALIFORNIA STATEWIDE ICWA CONFERENCE At Pechanga Resort and Casino

A conference focused on the Indian Child Welfare Act increasing knowledge and skills for service providers, agencies, leaders, legal practitioners and judges.

Highlights:

- ICWA 35 Years in Action
- **Expert Witness and Active Efforts**
- Baby Veronica US Supreme Court Case
- Tribal Courts Panel
- Cultural Program
- MCLEs and CEUs

Registration Fee: \$50

Registration forms are available on-line at www.pechanga-nsn.gov

Hosted by: Pechanga Band of Luiseño Indians

Contact: Angela Medrano amedrano@pechanga-nsn.gov 951.770.6177

> Pechanga Resort & Casino 45000 Pechanga Parkway Temecula, CA 92592 1-888-PECHANGA www.pechanga.com





24 – Hour Child Abuse Hotline for Riverside County

Happy Father's Day



Soboba Tribal Family Services honors all fathers and celebrates fatherhood, paternal bonds, and the influence of fathers in society.



Strong Hearted Native Women's Coalition, Inc., by honoring our women ancestors, will advocate for women and their families by promoting safety and a traditional non-violent lifestyle. Working towards empowering women with the tools for independence, courage, and a strong direction to make healthy life choices for herself, her children, and family.

> PO Box 2488 Valley Center, CA 92082 760-644-4781 office 760-477-5993 fax

June is National Family Month

Families go beyond parents and siblings, families can be made up of many different people, such as grandparents, aunties, uncles and other relatives, close family friends, other tribal members all of whom come together to form the small communities that we refer to as our family.

Why is family important? Family has an important influence on our lives, as children we depend on our parents and other family members to protect us and provide for our needs. Our family is our first relationship. During our childhood, it is our family from whom we learn social and emotional development; we learn how to have positive interacts with others; and learn how to communicate our emotions effectively to others. We also learn our values and beliefs from our parents, grandparents, and other elders.

(www.smartbeginningsmhc.org). It is in our families that we learn our sense of self, our personal identity; who we are as a person.

Behaviors and beliefs are learned within the family and passed to our children, from generation to generation. We also learn our place in the tribe.

In Indian Country, the Government's policies through genocide, relocation, and boarding schools, among others, has negatively impacted traditional family structure, spiritual practices, cultural traditions and rituals, and the manner in which information gets passed from generation to generation. Boarding schools, discrimination, assimilation, and other ideas imposed by the larger society, all contributed to the tremendous amounts of stress that has been placed on Indian people. These losses are experienced today in some families as adults with significant substance abuse problems, domestic violence, child abuse and neglect, and marginalization of elders. (Preserving Families, www.pbs.org/indiancountry).

Just as things that have lead to abuse and dysfunction were learned, those same things are being unlearned and replaced with effective tools for strengthening your family. While many traditions and rituals were lost, many were known by small groups or individuals and have slowly and quietly emerged and are being embraced and reincorporated into many families today. Families have tremendous healing power and through connecting to the past and developing new daily living and coping skills, families can hold current and future generations together. It is important to have a cycle of traditional wisdom to pass to our children; this is key to protecting, preserving, and strengthening the family. Our children are the future, what that future looks like depends greatly on the health and wellbeing of our children. Tribal Family Services works closely with Soboba Cultural Resource Center to provide supportive services to Soboba families. Those services include individual and family counseling, communication skills, traditional activities, and groups. If you would like to learn more or are interested in assistance, please contact Tribal Family Services.